## Hereditary Breast and/or Ovarian Cancer Susceptibility Panels

A hereditary breast and/or ovarian cancer susceptibility panel includes genes that are associated with an inherited susceptibility to breast cancer, ovarian cancer, or both.

- I. Genetic testing using a hereditary breast and/or ovarian cancer susceptibility panel is considered **medically necessary** when:
  - A. The panel includes, at a minimum, the following genes: *BRCA1*, *BRCA2*, **AND**
  - B. The member has one of the following:
    - 1. The member has a personal history of breast cancer ≤ age 65, **OR**
    - 2. The member has a personal history of ovarian cancer (including fallopian tube cancer or peritoneal cancer), **OR**
    - 3. The member has a personal history of breast cancer, **AND** 
      - a) One of the following:
        - (1) Ashkenazi Jewish ancestry, **OR**
        - (2) Male (sex assigned at birth), OR
        - (3) Triple-negative breast cancer, **OR**
        - (4) Pancreatic or ampullary cancer, **OR**
        - (5) Metastatic prostate cancer, **OR**
        - (6) High- or very-high-risk group prostate cancer, **OR**
        - (7) Multiple primary breast cancers (diagnosed synchronously or metachronously), **OR**
        - (8) The member has a close relative with any one of the following:
          - (a) Breast cancer diagnosed ≤ age 50, **OR**



- (b) Male breast cancer, OR
- (c) Ovarian cancer, OR
- (d) Pancreatic cancer, OR
- (e) Prostate cancer that is either metastatic, intermediate-risk or high- or very-high-risk group, OR
- b) There are ≥3 total diagnoses of breast cancer and/or prostate cancer (any grade) on the same side of the family including the member with breast cancer, OR
- 4. The member has a personal history of lobular breast cancer, AND
  - a) A personal or family history of diffuse gastric cancer, OR
- 5. The member is unaffected or the member does not have a personal history of breast cancer that meets the above criteria, **AND** 
  - a) The member has a first- or second-degree relative meeting any of the above criteria, **OR**
- 6. The member has a personal history of breast cancer, **AND** 
  - a) The member has metastatic breast cancer and is being considered for systemic treatment using PARP inhibitors, OR
  - b) The member has HER2-negative breast cancer and is being considered for adjuvant treatment with olaparib.
- II. Genetic testing using a STAT hereditary breast cancer panel is considered **medically necessary** when:
  - A. The member meets any of the above criteria, AND



B. The member requires a rapid turn-around-time for decision making related to surgical interventions or treatment.

- III. BRCA1/BRCA2 mRNA sequencing analysis in genes associated with breast and/or ovarian cancers for the interpretation of variants of unknown significance is considered investigational because it is typically either considered an existing component of the genetic testing process for quality assurance or follow up testing without proven utility.
- IV. Genetic testing using a hereditary breast and/or ovarian cancer susceptibility panel is considered **investigational** for all other indications.

## **DEFINITIONS**

- 1. **Breast cancer** is a term that applies to patients with invasive cancer or ductal carcinoma in situ (DCIS).
- 2. Close relatives include first, second, and third degree <u>blood</u> relatives:
  - a. First-degree relatives are parents, siblings, and children
  - b. **Second-degree relatives** are grandparents, aunts, uncles, nieces, nephews, grandchildren, and half siblings
  - c. **Third-degree relatives** are great grandparents, great aunts, great uncles, great grandchildren, and first cousins
- 3. **High-risk prostate cancer** is defined by the NCCN Prostate Cancer Guidelines (1.2025) as an individual who has one or more of the following high-risk features, but does not meet criteria for very-high-risk prostate cancer.
  - a. cT3-cT4a
  - b. Grade Group 4
  - c. PSA > 20ng/ml



4. **Very-high-risk prostate cancer** is defined by NCCN Prostate Cancer Guidelines (1.2025) as an individual who has at least two of the following:

- a. cT3-cT4
- b. PSA >40 ng/mL
- c. Grade Group 4 or 5

## **REFERENCES**

- National Comprehensive Cancer Network (NCCN). NCCN Clinical Practice Guidelines in Oncology: Genetic/Familial High-Risk Assessment: Genetic/Familial High-Risk Assessment: Genetic/Familial High-Risk Assessment: Breast, Ovarian, Pancreatic, and Prostate. Version 2.2025. https://www.nccn.org/professionals/physician\_gls/pdf/genetics\_bop.pdf.
- Bedrosian I, Somerfield MR, Achatz MI, et al. Germline Testing in Patients With Breast Cancer: ASCO-Society of Surgical Oncology Guideline. J Clin Oncol. 2024;42(5):584-604. doi:10.1200/JCO.23.02225

